

The essence of food is time

Please allow our chefs sufficient time to serve you well by preparing your meal to your specific taste.



The Poynton Pakora

Indian Food Bar

Poynton

No 9
London Road South,
Poynton
SK12 1JX

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The Management of Poynton Pakora Indian Food Bar hope you have a pleasant evening and enjoy the fabulous food being served.

**20% discount on Takeaway meals
7 days a week.**

**We accept Master Card, Switch or Visa.
The Management reserve the right to refuse admission.
All prices are inclusive of V.A.T.**

IMPORTANT NOTICE:

Please be aware that some of our dishes may contain nuts or fish bones

If you have any food allergies or dietary requirements please feel free to ask a member of staff

Starters Selection

Toxic Tikka - chicken tikka - fiery flavour	£7.90
Cheesy Tikka - chicken tikka and baby potatoes with melted cheese topping	£7.90
Chicken Tikka - cubes	£6.90
Tandoori Chicken - on the bone	£6.90
Chicken Pakora - chicken tikka in coated batter	£6.90
Chicken Chat Puri - thin sliced spiced chicken tikka with puri	£7.90
Rongpuri Chilli Chicken - chicken tikka stir fry with rongpuri chillis	£7.90
Chicken Samosa - fried triangles	£6.90
Keema Samosa - minced meat triangles	£6.90
Seek Kebab - barbequed minced sausages	£6.90
Garlic Boti Kebab - cubes of grilled lamb	£6.90
Hot Rod - barbequed mince and chilli sausages	£7.90
Tandoori Lamb Chops	£7.90
Tandoori Lemon Chops	£8.90
Tandoori Garlic Chilli Chops	£8.90
Chicken Badami Salad - cold	£7.90

Starters to Share

Mixed Starter

seek kebab, chicken tikka, onion baji and fried garlic mushrooms

Two - **£11.90** Four - **£21.80**

Flaming Grill

lamb chop, chicken tikka, garlic lamb tikka, seek kebab

Two - **£12.90** Four - **£23.80**

Vegetarian & Fish Pond Selection

Vegetable Pakora - mixed vegetables in coated batter [v]	£6.90
Onion Baji [v]	£6.90
Vegetable Samosa [v]	£6.90
Paneer Tikka - cottage cheese cubes [v]	£6.90
Aloo Tikka [v]	£6.90
Aloo or Chana or Mushroom Chat Puri [v]	£7.90
Mixed Vegetable Starter for One - aloo tikka, vegetable samosa, and onion baji [v]	£7.90
Tandoori Fish Tikka	£7.90
Tandoori King Prawn - 3 pieces	£9.90
Prawn Chat Puri/King Prawn Puri	£7.90/£9.90
King Prawn Butterfly	£8.90
Fish Pakora - fish in coated batter	£6.90
Bombay Duck - dried fish	£6.90

[v] Vegetarian

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Signature Dishes

The Princesses Jalfrezi - minced lamb, potato & peas in a jalfrezi hot thick sauce (can also be served medium strength) 🍴	🍴🍴🍴 £13.90
Black Pepper - sauce prepared with whole black peppers	🍴🍴 £12.90
Karahi Saag Gosht - spinach & lamb infused in a karahi sauce	🍴🍴 £12.90
Bindi Gosht - succulent lamb & okra in a medium sauce	🍴🍴 £12.90
Murgh Chana Dall - whole lentils & chicken in a medium sauce	🍴🍴 £12.90
Chicken/Lamb Stir Fry - cooked in a medium sauce, sweet and sour	🍴🍴 £13.90
Shimla Chicken/Lamb - succulent pieces of chicken/lamb in a medium hot sauce with fresh strips of green beans	🍴🍴 £13.90
Hydrabadi Gosht - succulent pieces of lamb cooked with nuts, cream, rose water, garlic and ginger	🍴 £13.90
Granny Style Madras - chicken tikka madras cooked with baby potatoes and fried garlic flakes	🍴🍴🍴 £12.90
Ginger Kofta - minced meatballs cooked in a medium curry sauce with a touch of garlic and ginger	🍴🍴 £12.90
Lamb Jaipuri - strips of lamb tikka cooked with cummin seeds and peppers with a touch of vinegar	🍴🍴 £12.90
Chicken Tikka Chom Chom - strips of chicken tikka in a thick masala sauce using green and red fried peppers	🍴🍴 £12.90
Lemon Tikka Masala - chicken tikka in a tangy creamy sauce	🍴 £12.90
Roasti Lamb - pieces of lamb chops on the bone, medium spiced, in a very traditional thick sauce	🍴🍴 £12.90
Shahi Murg - tandoori chicken off the bone and lamb minced keema	🍴🍴 £12.90
Rezala - yoghurt and tomato base cooked with peppers, herbs and fried onions (chicken, lamb or vegetable)	🍴🍴 £12.90
Chocolate Korma - love chocolate - fairly sweet, chocolate, almonds and coconut powder (chicken, lamb or vegetable)	🍴 £11.90
Caramel Korma - caramel, almonds and coconut powder	🍴 £11.90
Chicken Badami Salad - cold - stir fry chicken infused with cashew nuts and salad	🍴 £11.90
Tandoori Butter Chicken - off the bone tandoori chicken in a creamy butter sauce	🍴 £12.90
Chashni - tomato and mango based, sweet and sour taste (chicken, lamb or vegetable)	🍴 £12.90
Zeera - cooked with cummin giving a very distinctive flavour (chicken, lamb or vegetable)	🍴🍴 £12.90
Methi Gosht - onion based, succulent lamb with crushed fenugreek leaves	🍴🍴 £12.90
Pathia - hot tomato based with a hint of lemon (chicken, lamb or vegetable)	🍴🍴🍴 £12.90
Chicken Tikka Nagpuri - diced chicken tikka pieces cooked with fried green and red peppers using Naga Bangladeshi chillis	🍴🍴🍴 £12.90
Tandoori Chicken Spinach - tandoori chicken off the bone cooked with spinach in a medium sauce	🍴 £12.90
Chicken Tikka Silsila - strips of chicken tikka stir fried with peppers and cummin seeds with a touch of soy sauce	🍴🍴 £12.90
Lamb Puddina - pieces of lamb with green garden mint infused with dried herbs	🍴🍴 £12.90
Fish Roasti - marinated in yoghurt, grilled and cooked in a medium sauce	🍴🍴 £12.90
Fish Narial - boneless fish cooked in coconut buttered sauce with green chillies and corriander	🍴🍴 £12.90
Tina Tuna - onion based, spinach, garlic, ginger and herbs	🍴🍴 £11.90
Jingha Bhuna - large king prawns, stir fried with onions, fresh tomatoes, spices, garlic, ginger and herbs	🍴🍴 £16.90
Prawn McCartney - tomato based, cooked with prawns and paneer	🍴🍴 £12.90
Jaal Golda Chingri - king prawns cooked with green chillies & tomatoes	🍴🍴🍴 £18.90

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Flaming Main Course Sizzlers

Served with separate vegetable sauce & salad

Any other sauce £1 extra

Chicken Tikka - cubes	£11.90
Garlic Boti Kebab - cubes of lamb	£12.90
Tandoori Chicken - on the bone (2 pieces)	£11.90
Tandoori Mixed Grill - tandoori chicken, seek kebab, chicken tikka and garlic lamb tikka	£13.90
Chicken or Lamb Shashlik - cubes with roasted tomatoes, peppers and onions	£12.90
Tandoori Lamb Chops - 6 pieces	£12.90
Lemon Chops - 6 pieces	£13.90
Garlic Chilli Chops - 6 pieces	£13.90
Paneer Tikka - cottage cheese cubes	£11.90
Tandoori Fish Tikka - spiced fish	£12.90
Tandoori King Prawn - grilled with no shells	£16.90
King Prawn Sizzler Special - cooked on onions with dried spices with shells	£18.90

70's Favourites

Korma

prepared with coconut cream, almond powder and fresh cream to create the sweetness

Masala

prepared with sweet coconut cream, almond powder and tandoori sauce

Dansak

sweet and sour Persian type mild curry with lentils and pineapple

Curry

produced from a wide, but basic range of spices to give a mild taste

Bhuna

a combination of spices fried together to produce a mild dish

Dupiaza

prepared with fresh herbs, ground ginger, cinnamon, bay leaves, and cubes of onion and fresh coriander leaves

Balti

cardomans, cinnamon, bay leaves and coriander

Rogan Josh

combination of herbs, spices, garlic and fresh ginger, garnished with tomatoes, pimientos and fresh coriander

Karahi

using green and red peppers and herbs

Samber

fairly hot spices together with lentils and lemon juice to give a sharp and distinctive hot taste

Jalfrezi

with green chillies, spiced with fresh herbs, capsicums, tomatoes, coriander leaves, hot taste

Madras

having a greater proportion of spices and tomato puree which lends a hot taste to its richness

Vindaloo

involving a greater use of spices, garlic, ginger and black pepper to produce a very hot taste

Suicide

like vindaloo but involving jalfrezi pepper seeds, so it's advisable to fill in the declaration form when ordering!

Chicken	£10.90
Lamb	£10.90
Keema	£10.90
Veg	£10.90
Chicken Tikka	£11.90
Lamb Tikka	£11.90
Mixed	£12.90
Fish	£12.90
Prawn	£12.90
King Prawn	£14.90

Biryani (Contains nuts)

Rice cooked with herbs and spices
(served with a separate vegetable sauce)
Any other sauce £1 extra

Chicken	£12.90
Lamb	£12.90
Keema	£12.90
Mixed Vegetable	£12.90
Chicken Tikka	£13.90
Special Biryani	£14.90
Prawn	£14.90
King Prawn	£16.90

Vegetables

	Regular	Small
Aloo Methi - potato and fenugreek	£9.90	£6.90
Aloo Gobi - potatoes, cauliflower	£9.90	£6.90
Aloo Matar - potatoes, peas	£9.90	£6.90
Aloo Chana - potatoes, chick peas	£9.90	£6.90
Chana Baji - chick peas	£9.90	£6.90
Saag Paneer - spinach, cheese	£9.90	£6.90
Matar Paneer - peas, cheese	£9.90	£6.90
Dal Tarka - rich garlic lentils	£9.90	£6.90
Saag Aloo - spinach, potatoes	£9.90	£6.90
Bindi Baji - okra	£9.90	£6.90
Mushroom Baji	£9.90	£6.90
Chana Dall - large lentils	£9.90	£6.90
Brinjal Baji - aubergines	£9.90	£6.90
Bombay Aloo - potatoes	£9.90	£6.90

European

All dishes are served with salad and chips

	Regular	Small
Chicken Nuggets	£10.90	£6.90
Fried Scampi	£10.90	£6.90
Fish Fingers	£10.90	£6.90
Omelette (chicken, prawn, mushroom)	£10.90	£6.90
Prawn Salad	£10.90	£6.90

Tandoori Bread

Cooked in a clay oven

Garlic Naan	£4.50
Peshwari Naan	£4.50
Keema Naan	£4.50
Chilli Naan	£4.50
Vegetable Naan	£4.50
Helicopter Naan	£4.50
Onion Kulcha Naan	£4.50
Naan	£4.50
Garlic & Coriander Naan	£4.90
Chapatti	£2.90

Sundries

Chana Rice - (chick peas)	£3.90
Egg Fried Rice	£3.90
Vegetable Pilau Rice	£3.90
Mushroom Pilau Rice	£3.90
Keema Pilau Rice	£3.90
Lemon Rice	£3.90
Peas Rice	£3.90
Boiled Rice	£3.50
Pilau Rice	£3.50
Chips	£3.50
Bombay Chips - hot	£3.90
Papadum	£0.60
Spiced Papadum	£0.70
Cucumber Raita	£3.90
Mixed Raita	£4.50
Chutneys	
Mango	£0.60
Onions	£0.60
Mint Sauce	£0.60
Red Tamarind Sauce	£0.60
Green Chilli Sauce	£0.60
Lime Pickle	£0.60
Coleslaw	£0.60
Indian Salad - mild/hot	£4.50
Any Small Curry Sauce	£5.90
Any Large Curry Sauce	£6.90

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